



O&M Delivery Guidelines

LEGEND	
Teaching Categories	Description
Teaching Guide Techniques Teaching Non-Cane Techniques Teaching Special Techniques Teaching Body and Spatial Awareness Teaching Indoor Orientation Skills Teaching Visual Strategies and Distance Vision Devices	O&M skills and techniques in these training categories (highlighted in green) can be taught by the TVI, with confirmation from the O&M Specialist that the requisite training has been attained.
Reinforcing Categories	Description
Reinforcing Basic Indoor Skills Reinforcing Outdoor Orientation Skills Reinforcing Commercial Area Navigation Strategies Special Environments (reinforcement) Transportation (reinforcement) O&M Students with Mobility Devices (reinforcement) Reinforcing Advanced Cane Skills	O&M skills and techniques in these training categories (highlighted in yellow) must be introduced by the O&M Specialist. These same skills and techniques can be <i>reinforced</i> by the TVI, with confirmation from the O&M Specialist that the requisite training has been attained.
Understanding Categories	Description
Understanding Street Crossing Strategies Understanding Environmental Analysis Understanding and Supporting Advanced Travel Strategies	O&M skills and techniques in these training categories (highlighted in blue) must be introduced, taught and reinforced by the O&M Specialist <u>only</u> . PD training in these categories is for information and awareness purposes; and to enhance O&M observation during lessons and the quality of interim reporting and collaboration.

No.	O&M Skill	Delivery Designation
1.	Attending behaviours	Teaching
2.	Auditory ability	Teaching
3.	Receptive language	Teaching
4.	Expressive language	Teaching
5.	Posture and gait	Reinforcing
6.	Body image	Teaching
7.	Laterality (left and right distinction – self, others, objects)	Teaching
8.	Turns	Teaching
9.	Directionality	Teaching
10.	Quantitative concepts	Teaching
11.	Directional/positional concepts	Teaching
12.	Time-distance concepts	Teaching
13.	Ordinal sequencing	Teaching
14.	Colours	Teaching
15.	Geometric shapes	Teaching
16.	Guide technique - Body position in motion	Teaching
17.	Guide technique - Stops and walks	Teaching
18.	Guide technique - Up and down curbs	Reinforcing
19.	Guide technique - Narrow passage	Teaching
20.	Guide technique - Reverse/change directions	Teaching
21.	Guide technique - Transferring Sides	Teaching
22.	Guide technique - Negotiating doors	Teaching
23.	Guide technique - Ascending stairs	Reinforcing
24.	Guide technique - Descending stairs	Reinforcing
25.	Guide technique - Escalator	Reinforcing
26.	Declining assistance/Hines break	Teaching
27.	Carrying objects with a guide	Teaching
28.	Upper body/forearm protective technique	Teaching
29.	Lower body protective technique	Teaching
30.	Upper and lower body protective technique	Teaching
31.	Protective technique while trailing	Teaching
32.	Systematic search pattern	Teaching
33.	Locating dropped objects	Teaching
34.	Identifying and using landmarks (indoor)	Teaching
35.	Identifying and using clues (indoor)	Teaching
36.	Spatial awareness (front, back left and right sides of a room/ directional corners of a room/ cardinal directions)	Teaching
37.	Guided Familiarization to an Unfamiliar Room	Teaching
38.	Facilitated Self-familiarization to an unfamiliar room	Reinforcing
39.	Indoor route travel	Reinforcing
40.	Following directions to travel a route	Teaching

41.	Create new routes between familiar places indoors and outdoors	Reinforcing
42.	Numbering systems (indoor)	Teaching
43.	Soliciting aid (indoors)	Teaching
44.	Familiarization to the long cane	Reinforcing
45.	Cane storage	Reinforcing
46.	Cane positioning	Reinforcing
47.	Reaction to contacted objects	Reinforcing
48.	Navigating contacted objects	Reinforcing
49.	Traveling through doors with the cane (push/pull)	Reinforcing
50.	Reaction to drop-offs (indoor)	Reinforcing
51.	Reaction to drop-offs (outdoor)	Reinforcing
52.	Diagonal technique	Reinforcing
53.	Diagonal trailing technique	Reinforcing
54.	Touch technique	Reinforcing
55.	Constant contact	Reinforcing
56.	Trailing with constant contact	Reinforcing
57.	Touch and drag	Reinforcing
58.	Touch and slide	Reinforcing
59.	Shoreline/guideline technique	Reinforcing
60.	Three point touch/search	Reinforcing
61.	Ascending stairs (cane)	Reinforcing
62.	Descending stairs (cane)	Reinforcing
63.	Cane use with a guide	Reinforcing
64.	Carrying objects with a cane	Reinforcing
65.	Travel in classroom using auditory, tactile and visual clues and landmarks	Reinforcing
66.	Use protective techniques when traveling in a room (with and without cane)	Teaching
67.	Safely exit the classroom during evacuation	Reinforcing
68.	Travel to other rooms within the school (route travel)	Reinforcing
69.	Detect stairs on route	Reinforcing
70.	Use landmarks	Teaching
71.	Use clues	Teaching
72.	Use indoor numbering systems	Teaching
73.	Use elevators (campus, familiar)	Teaching
74.	Locate fire alarms/extinguishers	Teaching
75.	School cafeteria – carrying objects/tray, line negotiation	Reinforcing
76.	Campus travel: Name streets in the school vicinity	Teaching
77.	Campus travel: Stop at streets and driveways independently	Reinforcing
78.	Campus travel: Locate outdoor areas (playground, bus stop)	Reinforcing
79.	Cardinal directions	Reinforcing
80.	Distance vision devices	Reinforcing
81.	Use cardinal directions/time of day to facilitate orientation	Reinforcing
82.	Maintain straight line of travel on wide congested sidewalks	Reinforcing
83.	Soliciting assistance	Teaching
84.	Navigating parking lots	Reinforcing
85.	Identifying street hardware and environmental components	Reinforcing
86.	Route travel in commercial areas – locate a specific destination	Reinforcing
87.	Escalators	Reinforcing

88.	Revolving doors	Reinforcing
89.	Elevators	Reinforcing
90.	Railroad tracks	Reinforcing
91.	Construction sites	Reinforcing
92.	Crossing at lights – identifying the parallel surge	Understanding
93.	Visual pedestrian signal	Understanding
94.	Accessible Pedestrian Signals (APS)	Reinforcing
95.	Positioning at the corner in a commercial area	Understanding
96.	Aligning with traffic in a commercial area	Understanding
97.	Determining when to cross – standard light	Understanding
98.	Determining when to cross – multi-cycle light	Understanding
99.	Protected left-turn lanes	Understanding
100.	Protected right-turn lanes	Understanding
101.	Crossing to an island/median strip	Understanding
102.	Two-stage crossing	Understanding
103.	Strategies for shopping in stores (small)	Reinforcing
104.	Strategies for shopping in stores (large)	Reinforcing
105.	Strategies for shopping in a grocery store	Reinforcing
106.	Strategies for shopping in a mall	Reinforcing
107.	Banks and Post Offices	Reinforcing
108.	Restaurants	Reinforcing
109.	Choosing a place of residence	Understanding
110.	Bus travel	Reinforcing
111.	Taxi travel	Teaching
112.	Train travel	Reinforcing
113.	Subway travel	Understanding
114.	Airport travel	Reinforcing
115.	O&M skills – wheel chair users	Reinforcing
116.	O&M skills – walker users	Reinforcing
117.	O&M skills – crutches/braces users	Reinforcing
118.	O&M skills – support cane users	Reinforcing
119.	Map Reading Skills	Teaching
120.	Familiarization to cars and vehicles	Reinforcing
121.	Cafeteria skills	Reinforcing
122.	Cane Measurement	Understanding
123.	Cane Maintenance	Reinforcing
124.	Travel environment analysis - indoor	Understanding
125.	Travel environment analysis - outdoor	Understanding
126.	Navigating past cars across sidewalks	Reinforcing
127.	Navigating past cars across crosswalks	Understanding
128.	Guide Dogs – research and application	Understanding
129.	O&M for Students with CVI	Teaching