



Braille Bites

Shapes and Textures

Introduction

Welcome to Braille Bites, the series where we explore bite-sized ideas and activity recipes to build early braille literacy skills. Play dough can be a great activity to build finger and hand strength and explore interesting shapes and textures in a fun, creative way!

[Check out the video that accompanies this resource on the PRCVI website!](#)

Key ingredients

- Playdough (homemade or store-bought)
- Baking sheet
- Anti-slip shelf liner
- Household objects that vary in size, shape, and texture:
 - For making lines and shapes (pen, pencil for lines)
 - For making textures (beads or other textured objects)
 - For cutting out shapes (container lids or cookie cutters)
- Glitter or craft sand
- A butter knife (if practicing cutting)

Mixing it together

- Use the baking sheet to create a defined work surface with edges that will prevent objects from rolling away.
- Place anti-slip shelf liner underneath the baking tray to prevent sliding.
- Knead glitter or craft sand into the playdough to add interesting colour and texture.

Topping off the recipe

- Roll out different shapes, such as a snake and ball.
- Make small creatures, such as a lizard.

Braille Bites early braille literacy recipes are brought to you by



Braille Bites

- Roll into a ball and then flattened into a pancake and press interesting lines, shapes, and textures into the surface.
- Use a dull butter knife to practice early cutting skills.

Braille Bites early braille literacy recipes are brought to you by

